The comparative study of the effects of Transformational leadership on stress consequences in Kerman Red Crescent organizations

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Abstract

The aim of the present study is to compare the effect of Transformational leadership on stress consequences in the Kerman Red Crescent employees. In this paper, we reviewed the theoretical literature and research methods and used a field study supported by library studies. Statistical population for this study was composed of 304 Kerman Red Crescent employees and a random sample of 119 people was randomly selected by Cochran formula. After reviewing the research literature, a questionnaire was used for data collection. Data were analyzed through descriptive statistics and their effects were ascertained using SPSS 18. Results of this study indicate that the Transformational leadership has a direct impact on social support, self-efficacy, feelings and assessment of stressors and reduces stress as well.

Keywords: Transformational leadership, stress, social support, self-efficacy, emotions (positive and negative), assessment of stressors.

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References


